

Sailing Level I (Novice): Introduction to basic sailing and seamanship. Students will learn a positive attitude toward sailing as well as responsibility for self, others, and equipment. Students are encouraged to begin in an Optimist dinghy, Other boats may be available depending on the sailor's size and age. Please speak to an instructor. This class will be meet 5 mornings a week for 2 weeks. Enrollment is limited to 10 per instructor.

Sailing Level II (Intermediate): Prerequisite course is Level I. This class focuses on improving basic skills. Overall boat control is stressed which includes tacking, sail trim, safety, and points of sail. Racing will be introduced. Optimist dinghy preferred, however, if size is an issue another boat may be offered. Please speak to an instructor. This class will meet 5 afternoons a week for 2 weeks. Enrollment is limited to 10 per instructor.

Sailing Level III (Advanced): Prerequisite course is Level II. This class focuses on racing skills and improved boat handling skills, sail control, sportsmanship, and basic racing and rules. Responsibility for equipment care and maintenance are stressed. This class will meet 5 afternoons a week for 2 weeks. Laser Radial, Sunfish, and Club 420's will be used. Boats may be available for use during Sunday race series on a sign-up basis. Enrollment is limited to 10.

Racing Team (Advanced Racing): Prerequisite course is Level III and instructor recommendation. This class will meet 3 afternoons a week on Monday/Tuesday/Thursday throughout the summer. Students must be a CRYC member to enroll in this class. Boats used will be Optimist, Laser Radial, Sunfish, or Club 420. The focus will be on racing strategies and tactics. Additional topics will include weather patterns, boat speed, sail dynamics, sail trim, starts and finishes, rules, and sportsmanship. The students will be encouraged to participate in a junior series one evening a week at CRYC and interclub race with Riverton Yacht Club.

2008 Youth Sailing

**Youth Sailing Classes are held: Mon/Tues/
Wed/Thurs/Fri 9:00 a.m. - 12:00 p.m. or
1:00 p.m. - 4 p.m.**

Refund Policy: 48 hour notice for refund

In the event of inclement weather classes will still be held on the deck or in the club house.

***Class #1 and #2 fee is \$200.00 for CRYC members and \$230.00 for non-members due to July 4th.**

All other classes the fee is \$200.00 for CRYC members and \$250.00 for non-members.

#1-Level I: a.m. June 23 - July 3, no classes July 4th

#2-Level II: p.m. June 23 - July 3, no classes July 4th

#3-Level I: a.m. July 7 - 11 and 21 - 25

#4-Level II: p.m. July 7 - 11 and 21 - 25

*No classes will be held July 14 - 18 due to a rowing regatta

#5-Level II: a.m. July 28 - August 8

#6-Level III: p.m. July 28 - August 8

#7-Level II: a.m. August 11 - August 22

#8-Level III: p.m. August 11 - August 22

Racing Team

Fee for this class is \$500 and will need a minimum of 5 students in order to run. This class will meet Mon/Tues/Thurs from 1 p.m. to 4:30 p.m. rain or shine. Students are expected to participate in our junior races one early evening each week and interclub race with Riverton Yacht Club several times during the season. No classes July 14 - 18 due to a rowing regatta.

Phone: (856) 869-9145
Email: mail@CooperRiverYC.org
Website: CooperRiverYC.org

2008 Youth Sailing

Introductory and advanced programs that teach children and young adults how to sail. These programs are for students from 9-18 years of age.



"Best of Philly 2006" by Philadelphia Magazine

**CRYC
PO Box 188
Collingswood, NJ 08108**

Information: (856) 869-9145
www.CooperRiverYC.org
mail@CooperRiverYC.org

Cooper River Yacht Club Sailing Instruction programs are supported in part by grant funds from I BOAT NJ





Cooper River Yacht Club: Cooper River Yacht Club (CRYC) is located on South Park Drive in Collingswood, NJ. It is directly on Cooper River, a non-tidal sheltered body of water in a picturesque park that lies between Pennsauken and Collingswood, and is readily accessible to sailors from the Philadelphia, Cherry Hill and Collingswood areas. Participation in courses and club membership are open to everyone interested in sailing. CRYC and its Board of Governors embrace diversity and denounce discrimination in any form.

Instructors: The instructors at CRYC are certified to teach children and adults basic and advanced skills for sailing and racing a small sailboat. These instructors are certified by US Sailing, an organization recognized by Congress as the governing body for the sport of sailing in the US. Instructor certification includes current certification in CPR and First Aid from the American Red Cross.

Sailing Courses: The basic sailing courses are developed from proven source material from US Sailing and the US Red Cross. The course work follows a formula of on-the-water training and classroom instruction, with an emphasis on safety.

Safety: Safety on and around the water is emphasized. There will be one or more safety boats on the water at all times. All students will wear life jackets supplied by CRYC whenever they are on or near the water, and when they are sailing.

Students must be able to swim, and may be asked to demonstrate this ability.

Cooper River Yacht Club Provides: CRYC provides boats, life jackets, instructors, instructional materials and facilities for the students to learn to sail.

The boats we provide include basic two-person sailboats such as the Precision, and advanced boats such as the FJ. 420, , and single-person boats such as the Optimist, Sunfish and Laser.

Students Must Provide: The students must be prepared to spend the time enjoying a water sport. They should be dressed in sensible clothing that can get wet. In addition, they should wear shoes that offer stability and traction on a wet deck (sneakers or athletic shoes work well). Again, these can and will get wet. Students should also have a hat, and should have and use Sunscreen (SPF 15 or greater). Sunglasses are recommended, and besides, they look cool. Sandals are not allowed.

Students should bring a change of clothing and shoes in case they capsize. They should also have a towel and soap to clean up, and showers are available on-site. Students may bring a snack.

Rainy Day Activities: There are many things to do when the weather is too windy, cold, hot or rainy to sail. These activities will be completed under shelter or within the club.

Enrollment: Register by sending the form located in this brochure with the fee to the club. You'll also need to complete a medical form at the first class. You can download the form from our website, www.cooperriveryc.org. You may enroll in person at the club, but call us before you come, to be sure a member can meet you. Payment may be made by cash, check or credit card. (Cash in person only, please).

Questions: Consult our website, or contact us by email (mail@CooperRiverYC.org), by regular mail at CRYC, P. O. Box 188, Collingswood, NJ 08108 or by telephone at (856) 869-9145. You are welcome to come down to the club and talk with us, but call first to be sure a member can meet you there.

Registration for 2008 Youth Sailing Class

Course #: _____ **Fee:** _____

Name _____

Age _____

Address _____

Parent's Name _____

Telephone # _____

Email address _____

Make check payable to "Cooper River Yacht Club" or provide credit card information: V MC AX

Card # _____

Expiration date _____

Signature: _____

48 Hr. refund policy prior to start of class.

Mail to:
Cooper River Yacht Club
P. O. Box 188
Collingswood, NJ 08108

Phone: (856) 869-9145
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Website: CooperRiverYC.org